

A large, faded tiger mascot logo is centered in the background. The tiger is depicted with orange fur, black stripes, and a white underbelly. It has a fierce expression with its mouth open, showing sharp teeth and a pink tongue. The logo is set against a light, circular background.

Dunbar High School

Athletic Handbook

2022-2023

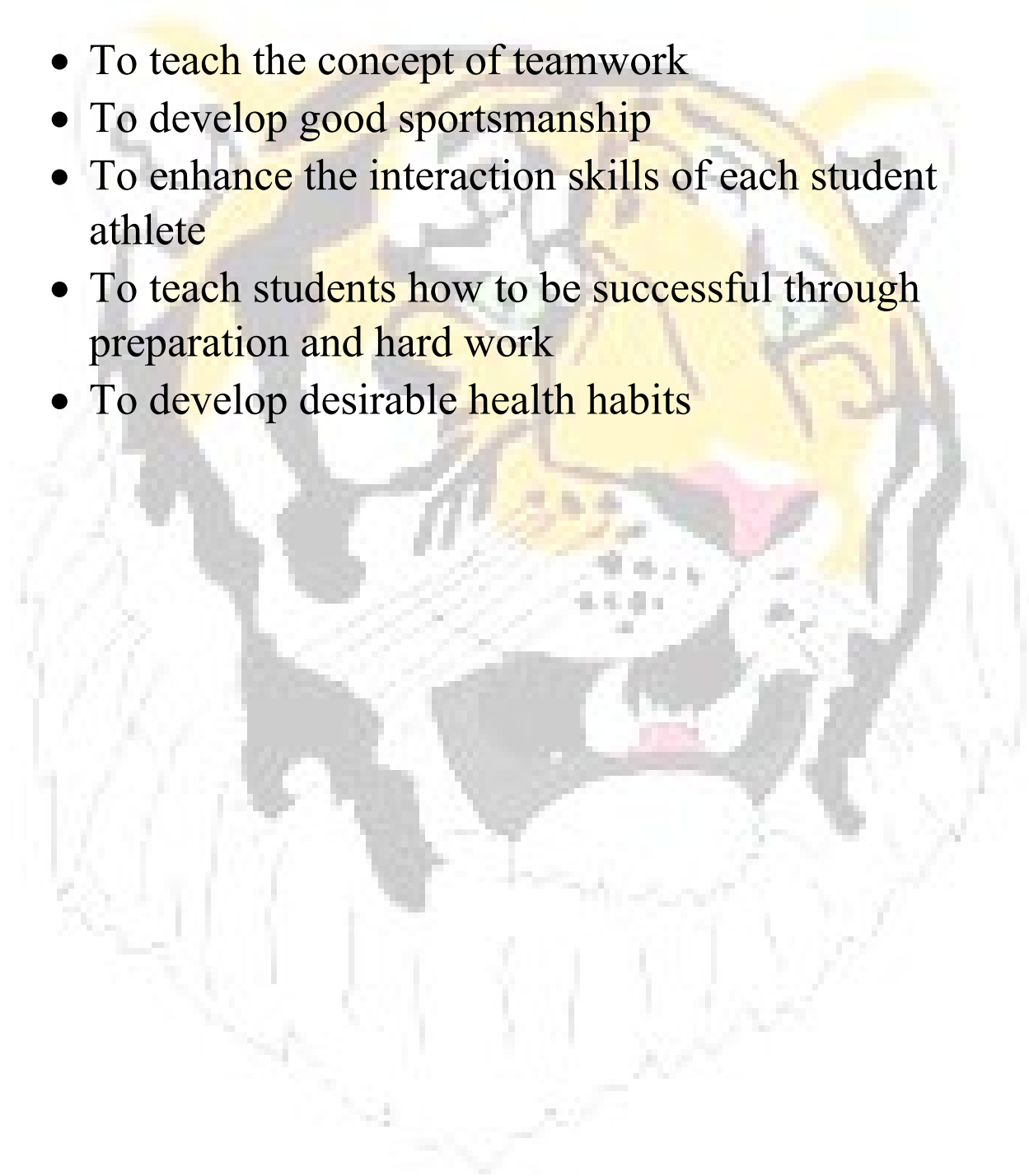


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OBJECTIVES OF THE ATHLETIC DEPARTMENT

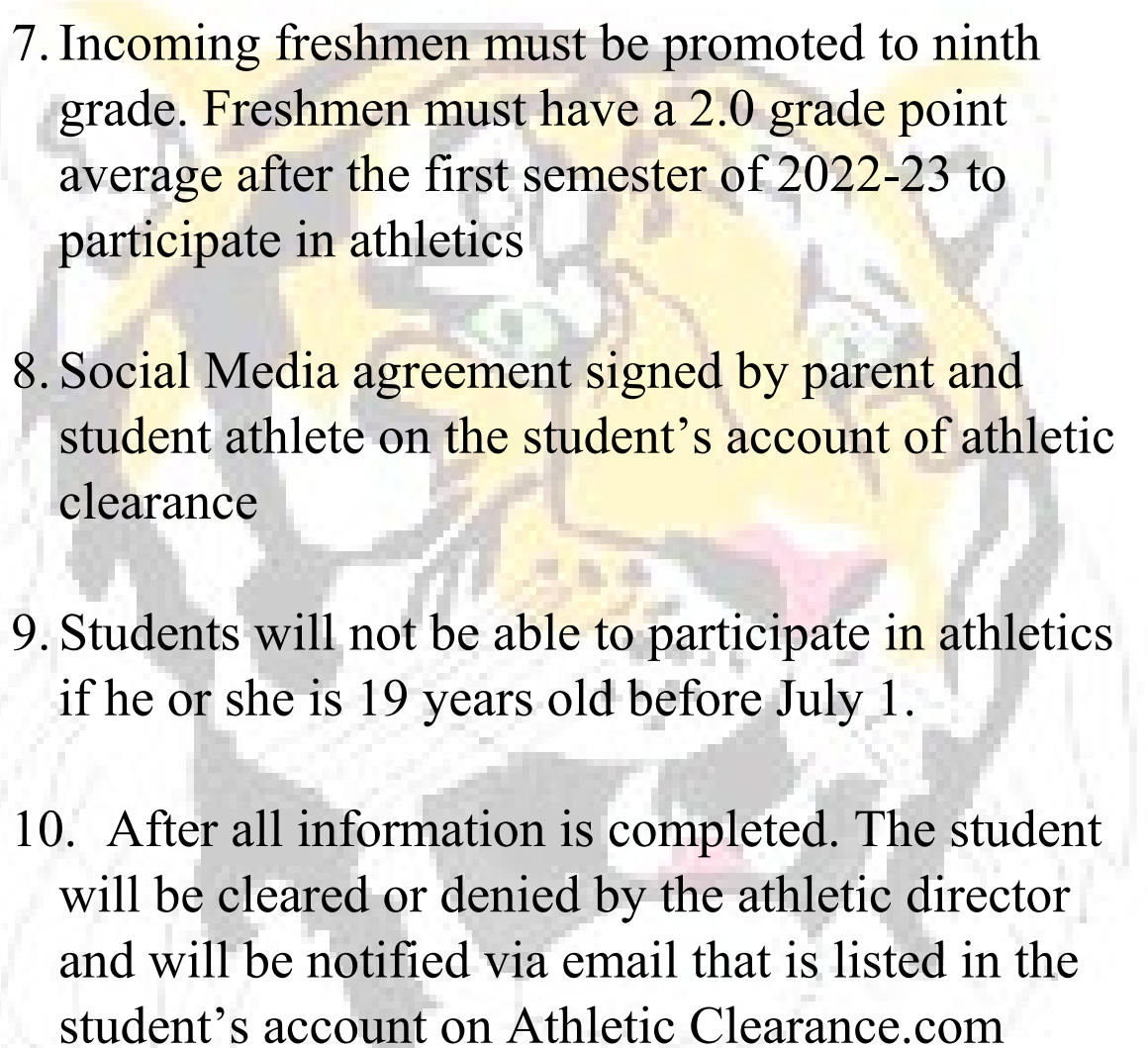
- To teach the concept of teamwork
- To develop good sportsmanship
- To enhance the interaction skills of each student athlete
- To teach students how to be successful through preparation and hard work
- To develop desirable health habits



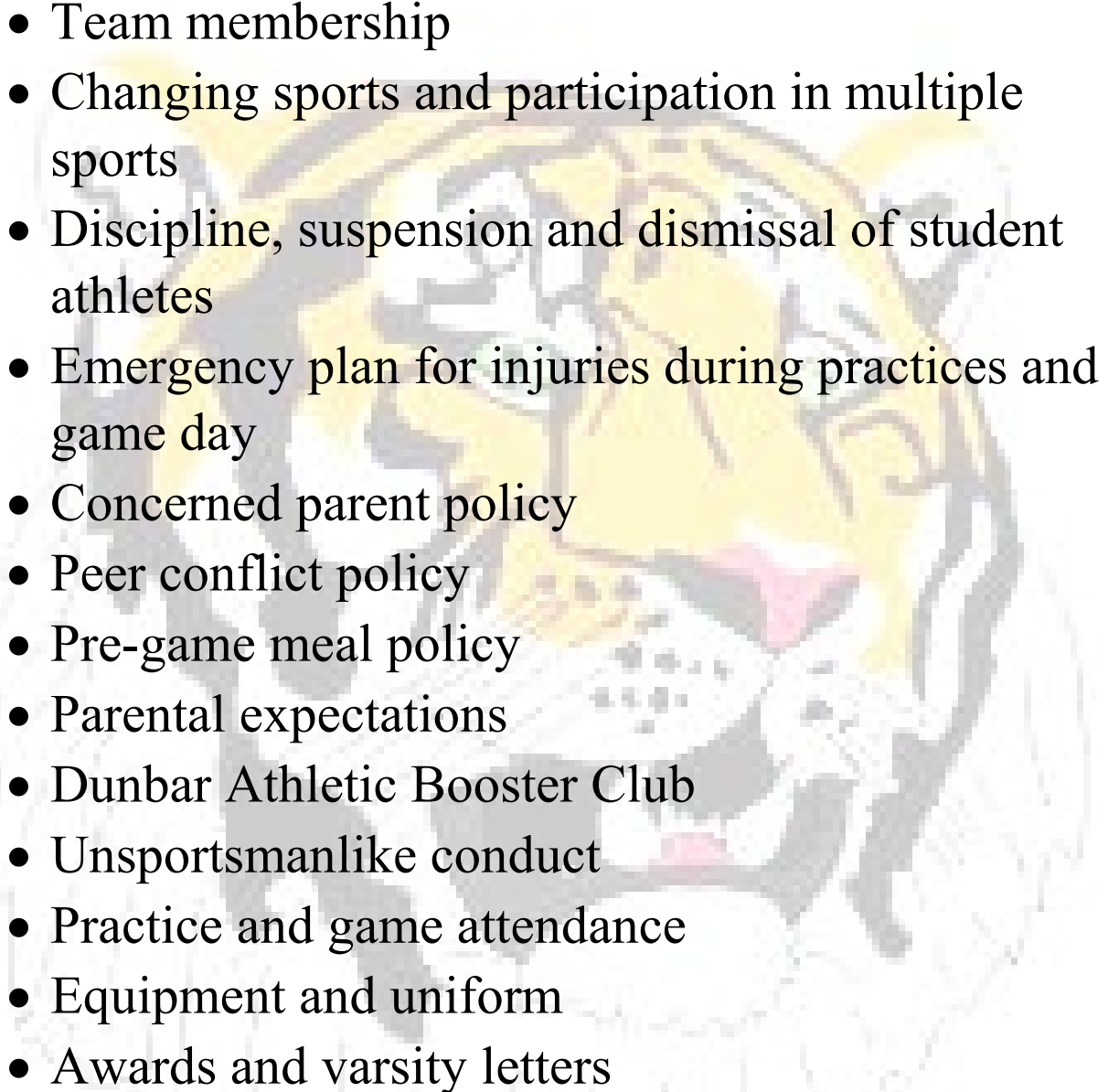
ATHLETIC ELIGIBILITY

To be eligible to participate in athletics, a student must complete the following:

1. Create an account on Athletic Clearance.com
2. Have a physical examination uploaded on the student's account on Athletic Clearance.com
3. A notarized parent consent and liability forms uploaded to the student's account on Athletic Clearance.com
4. Personal, school, football or soccer insurance policy submitted to the student's account on Athletic Clearance.com. A student will not be permitted to participate in football and/or soccer if he/she does not have personal, football and/or soccer insurance
5. A copy of the student's athlete's birth certificate to the Athletic Clearance.com account of the student.

- 
6. Sophomores, juniors and seniors must have at least a 2.0 grade point average to participate in athletics
 7. Incoming freshmen must be promoted to ninth grade. Freshmen must have a 2.0 grade point average after the first semester of 2022-23 to participate in athletics
 8. Social Media agreement signed by parent and student athlete on the student's account of athletic clearance
 9. Students will not be able to participate in athletics if he or she is 19 years old before July 1.
 10. After all information is completed. The student will be cleared or denied by the athletic director and will be notified via email that is listed in the student's account on Athletic Clearance.com

ATHLETIC POLICIES & PROCEDURES

- 
- Team membership
 - Changing sports and participation in multiple sports
 - Discipline, suspension and dismissal of student athletes
 - Emergency plan for injuries during practices and game day
 - Concerned parent policy
 - Peer conflict policy
 - Pre-game meal policy
 - Parental expectations
 - Dunbar Athletic Booster Club
 - Unsportsmanlike conduct
 - Practice and game attendance
 - Equipment and uniform
 - Awards and varsity letters

TEAM MEMBERSHIP

If a student-athlete is selected to participate on an athletic team, the student athlete is considered a member of that

team unless he or she is removed for the following reasons:

1. Disciplinary
2. Scholastic ineligibility
3. Mutual agreement between the student athlete and the coach

There is no guarantee that a student-athlete will play every game or match during the athletic season.

You must complete the season to be eligible for an award during the end of the season's award banquet. If a student-athlete is removed from the team for any of the above mention reasons of removal, he or she will not participate in the awards banquet at the end of the season.

PARTICIPATION IN MULTIPLE SPORTS DURING THE SAME SEASON

If a student athlete thinks he or she can play two sports within the athletic season, the student athlete must secure permission from both coaches as well as the athletic director. This process should be complete before the student athlete begins practice for the second sport.

CHANGING SPORTS & PARTICIPATION IN MULTIPLE SPORTS

No student athlete who is removed or removes himself or herself from a team shall be permitted to begin practice with another sport until the season of the sport in which the student athlete quit has reached completion of its season. Completion of a season is defined as the completion of interscholastic contests (this includes post-district, regional and state play-offs).

DISCIPLINE, SUSPENSION AND DISMISSAL FROM TEAMS

A student athlete can be discipline, suspended and/or dismiss from the athletic program by any of the following:

1. The principal or his designee(the assistant principal)
2. The athletic director
3. The coach of the sport
4. Parent decision

If the student athlete makes a choice not to obey school or team rules. The student athlete will be discipline by the coach if it's a minor offense.

If it is a major offense the student athlete will be suspended from athletics until a parent conference with the athletic director, coach, student and parent. The incident will be discussed at the parent conference and a decision will be made if the suspension from athletics will continue or the student athlete will be dismissed from the team and participating in athletics for the season. If the parent is not satisfied with the decision of the conference the parent may appeal to the principal. After the decision is made by the parent conference and/or Principal's parent conference, Student athlete, coach and parent will complete (Addendum 1) for dismissal from an athletic team.

EMERGENCY PLAN FOR INJURIES DURING PRACTICE AND GAME DAYS

If there is an injury to a student athlete, the athlete and/or coach will notify the district athletic trainer or school first responder. If the injury is minor, the trainer or first responder will treat the injury of the athlete. The district athletic trainer or school first responder will document the injury with an injury report and submit the report electronically to the insurance and benefits department at the school district office.

If the injury is serious and requires additional medical treatment, the district athletic trainer or first responder will contact the athletic director and the athletic director will contact the principal or administrative designee. The district athletic trainer or first responder will contact the parent of the student athlete and the parent will be notified of the condition of the student and if the student needs to go to the hospital or seek medical treatment or if the parent needs to pick the student up from practice or the game. The district athletic trainer or first responder will complete an injury report for the district and submit it to the insurance and benefits department at the school district office.

CONCERNED PARENT POLICY

As a parent or guardian, if you believe you have a concern with a coach's decision or action you should:

1. At the next practice, CALMLY have a conference with the coach. **DO NOT DISCUSS IT BEFORE, DURING OR AFTER A GAME.** Coaches are instructed not to talk to parents before, during or after a game(principal's directive)
2. If the problem is not resolved, schedule a conference with the athletic department secretary. This conference will include the coach, the student athlete,

the student athlete's parent and the athletic director. Parent conferences will be conducted during the athletic season not during off-season workouts.

3. If this conference does not resolve the problem, contact the principal's secretary to schedule a conference with the principal. This conference will include the coach, student athlete, parent, athletic director and the principal of Dunbar High School.

PEER CONFLICT POLICY FOR STUDENT ATHLETES DURING A GAME, MATCH, OR MEET

In the event there is a physical or verbal peer conflict between a student athlete or Dunbar High School and another student athlete from an opposing team during a game, match or meet the following protocol will be implemented. All student athletes from Dunbar High School are required to stay on the bench or designated area that is assigned to the team during an inside game or match. All student athletes from Dunbar High School will be required to take a knee and or stay on the bench or designated area that is assigned to the team when the game, match or meet occurs outside on the field or in the stadium.

PRE-GAME MEAL POLICY FOR 2022-23

The parents of student athletes are responsible for the teams' pregame meals. If parents decide to prepare pregame meals for the team, the head coach and parent will determine the assigned games based on the athletic schedules. It is the parent's choice to buy his or her student athlete's pregame meal or join with other parents to prepare pregame meals for the team.

PARENTAL EXPECTATIONS

As a parent of a student athlete of Dunbar High School you are expected to do the following:

1. Support your student athlete
2. Be an active member of the Dunbar Athletic Booster Club
3. To help and participate in all fundraising activities of the athletic department
4. Attend the Dunbar Athletic Booster Club meetings each month
5. Model good sportsmanship during games
6. Be a role model for your student athlete during practices and games

DUNBAR ATHLETIC BOOSTER CLUB

The Dunbar Athletic Booster Club is the major supporter of the athletic program of Dunbar High School. The athletic booster club meets once a month. The meeting dates will be given at a future time

All parents are to support the fundraising activities of the booster club, which includes: concessions at home games. We need parents to support and become members of the Dunbar Athletic Booster Club.

SPORTSMANSHIP/UNSPORTSMANLIKE CONDUCT

It is an expectation for all student athletes to be role models during and after athletic competitions. It is an expectation for all student athletes to be respectful to players, coaches and officials at all times. Students can be declared ineligible and fined by the FHSAA for Gross unsportsmanlike conduct. The consequences are the following:

1. First ejection of a student athlete - one game suspension for football or two games for other sports
2. Second ejection of a student athlete during school year - six week suspension
3. Third ejection of a student athlete during school year - suspension from athletics for one year

4. Fourth ejection of student athlete - suspension for entire career

If the consequences are severe, fines up to \$250 and six weeks suspension may be imposed. Any monetary fine incurred by a student will be paid directly to Dunbar High School by the student or parent.

PRACTICE AND GAME ATTENDANCE

A student athlete must be present at school two of the four block classes to participate in practice or a game. All students must ride the provided team bus to and from away games and competitions. All student athletes are expected to go to practice after school. Student athletes are not permitted to walk the halls before or after practice.

EQUIPMENT AND UNIFORMS

Any equipment checked out to a student athlete is his or her responsibility to maintain. If the equipment is damaged or stolen, the student athlete will be held financially responsible for the equipment. Bags are considered equipment. Student athletes should not use them as book bags. Student athletes are responsible for all uniforms parts issued to them on game day and should return the uniform, including warm-ups, after the game.

AWARDS AND VARSITY LETTERS

To receive a varsity letter or an award, a student athlete must participate in at least half of the games played during the athletic season. Some sports required you to participate in more games or to earn a certain number of points. To receive your letter or award you must complete the athletic season and attend the athletic sports banquet. If you are not able to attend you must file an appeal to the athletic director to receive your letter or award.

The student athlete will receive a varsity letter when he or she completes a varsity sport and attends the awards banquet. The student athlete is eligible to purchase a varsity jacket after earning a varsity letter. The price of the jacket is \$150.

SPORTS SEASONS

Fall (Aug- Dec) Football, Bowling, Cross Country, Golf, Swimming, Volleyball

Winter (Oct- March) Basketball, Wrestling, Soccer, Weightlifting (Girls)

Spring (Jan- May) Baseball, Softball, Tennis, Track and Field. Weightlifting (Boys)

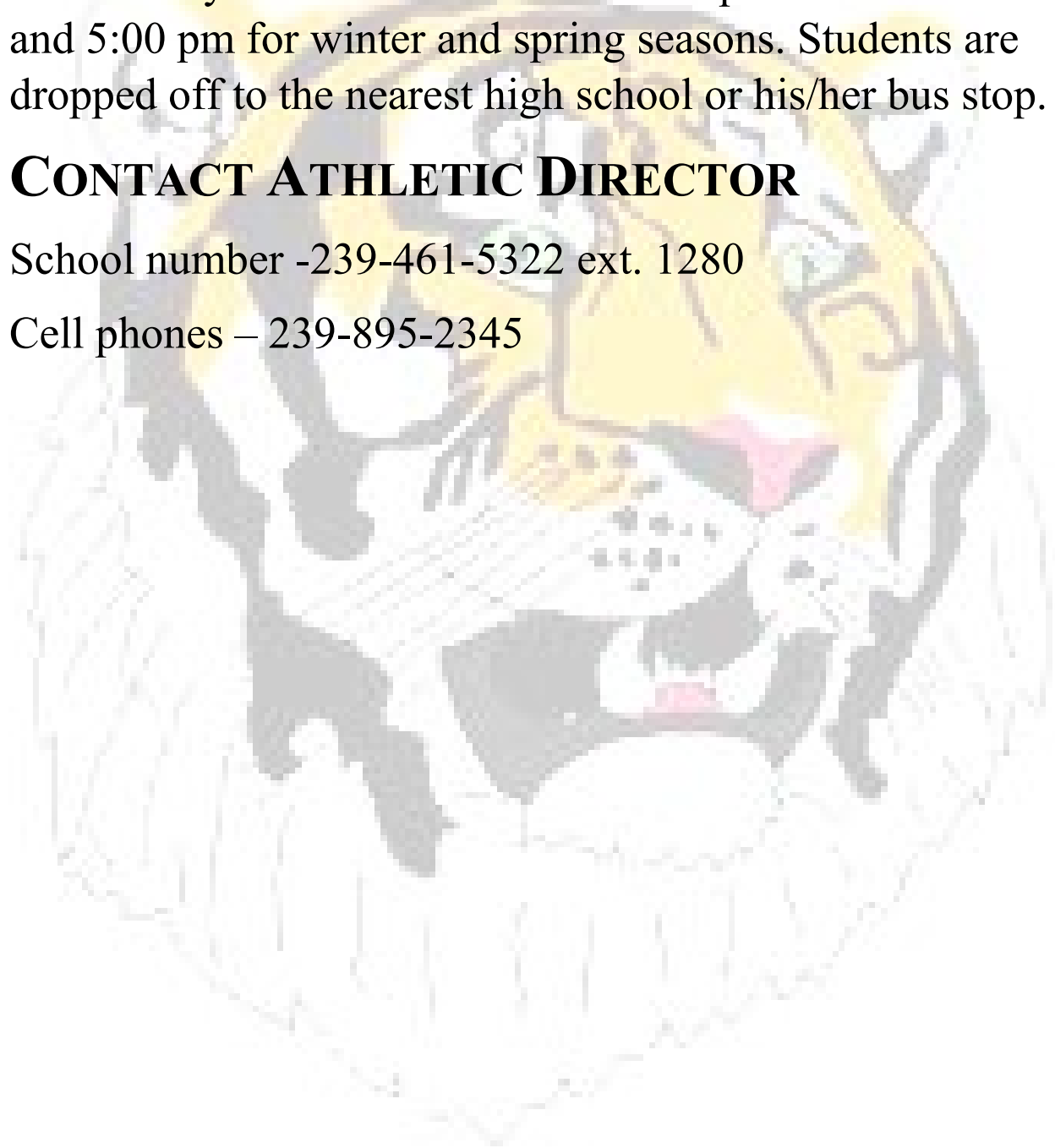
TRANSPORTATION

Transportation is provided after practice Monday- Friday. The activity buses leave school at 5:30 pm for fall season and 5:00 pm for winter and spring seasons. Students are dropped off to the nearest high school or his/her bus stop.

CONTACT ATHLETIC DIRECTOR

School number -239-461-5322 ext. 1280

Cell phones – 239-895-2345



ADDENDUM #1

Dismissal from Athletic Team

Date _____

To Whom It May Concern:

_____, student athlete at Dunbar High School has been dismissed from the _____ Varsity or Junior Varsity team for the following reasons:

- a. Academic _____
- b. Disciplinary _____ give explanation in detail(see attachment)
- c. Other _____ give explanation in detail (see attachment)

_____, understands being dismissed from the _____ Varsity or Junior Varsity team he/she will **not** participate in the following:

- 1. End of the season awards banquet
- 2. Will not receive any awards, varsity letter, varsity pins
- 3. Will be denied the right to participate any other athletic sport until the _____ season is over, unless otherwise approved by the principal.

Coach _____, student athlete _____ and parent/guardian _____ have discussed the incident by proof of signatures below of each party.

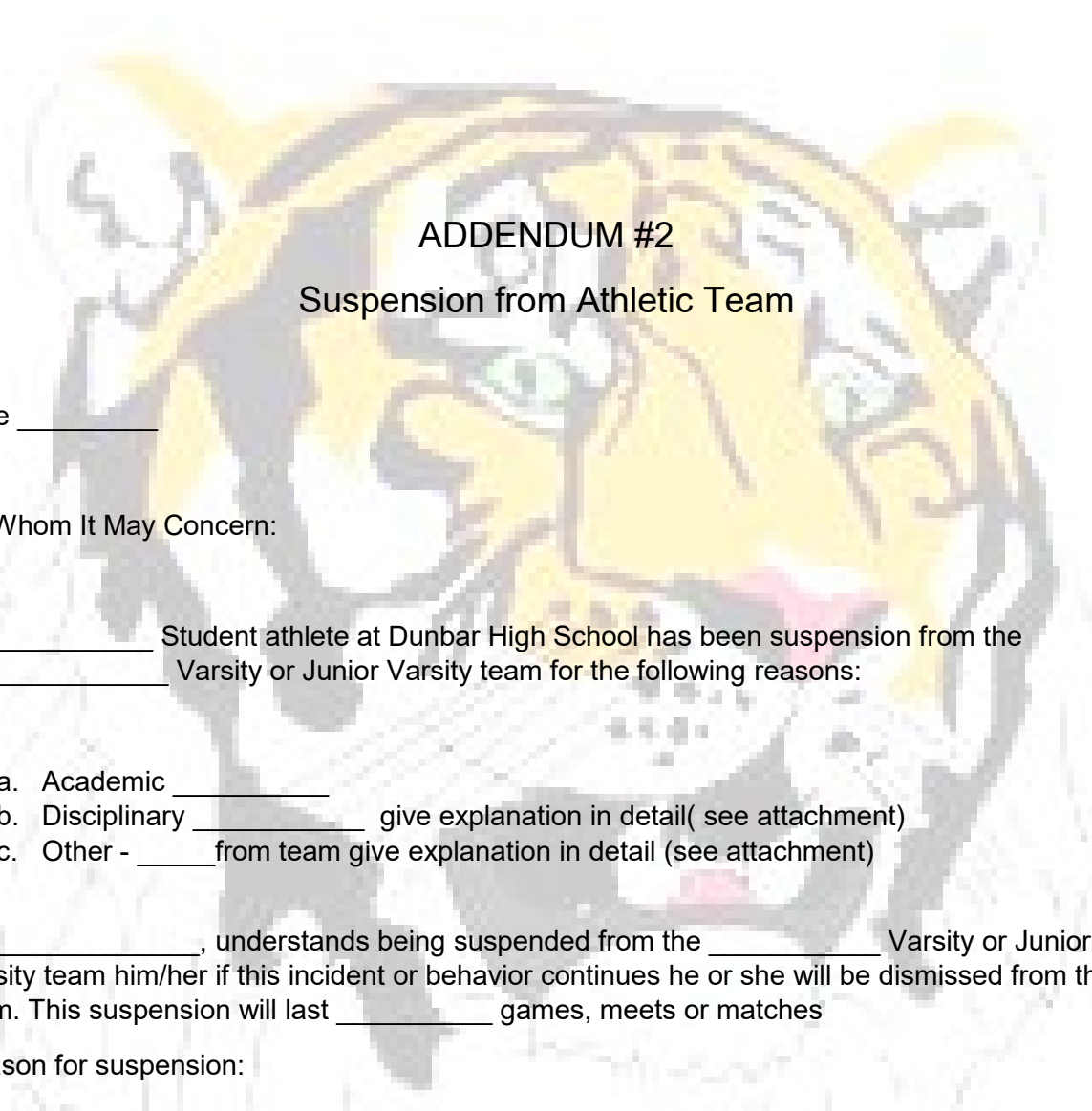
_____ Coach Signature Date: _____

_____ Student Athlete signature Date: _____

_____ Parent signature Date: _____

_____ Athletic Director's signature Date: _____

*This document will be placed in Student Athlete's athletic file.



ADDENDUM #2

Suspension from Athletic Team

Date _____

To Whom It May Concern:

_____ Student athlete at Dunbar High School has been suspension from the
_____ Varsity or Junior Varsity team for the following reasons:

- a. Academic _____
- b. Disciplinary _____ give explanation in detail(see attachment)
- c. Other - _____ from team give explanation in detail (see attachment)

_____, understands being suspended from the _____ Varsity or Junior Varsity team him/her if this incident or behavior continues he or she will be dismissed from the team. This suspension will last _____ games, meets or matches

Reason for suspension:

Coach _____, student athlete _____ and parent/guardian _____
have discussed the incident by proof of signatures below of each party.

_____ Coach Signature Date: _____

_____ Student Athlete signature Date: _____

_____ Parent signature Date: _____

_____ Athletic Director's signature Date: _____

*This document will be placed in Student Athlete's athletic file.

Social Media Agreement

Social media can be a useful tool to communicate with teammates, fans, friends, coaches and more. Social media can also be dangerous if you are not careful. Every picture, link, quote, tweet, status, or post that you or your friends put online is forever part of your digital footprint. You never know when that will come back to hurt or help your reputation during the recruiting process, a new job, or other important areas of your life.

Recognizing the above:

I take responsibility for my online profile, including my posts and any photos, videos or other recordings posted by others in which I appear.

_____ I will not degrade my opponents before, during, or after games.

_____ I will post only positive things about my teammates, coaches, opponents and officials.

_____ I will use social media to purposefully promote abilities, team, community, and social values.

_____ I will consider "Is this the me I want you to see?" before I post anything online.

_____ I will ignore any negative comments about me and will not retaliate.

_____ I will have a conversation with my teammate if I see a teammate post something potentially negative online. If I do not feel comfortable doing so, I will talk to the team captain, or a coach.

_____ I am aware that I represent my sport(s), school, team, family and community at all times, and will do so in a positive manner.

Any violation of this agreement will result in suspension and/or dismissal from your athletic team or the athletic program of Dunbar High School

Student-Athlete (Print Name) _____ Date _____

Student-Athlete Signature _____ Date _____

Parent of Athlete (Print Name) _____ Date _____

School District of Lee County
Student Athlete Behavior Contract
2022-2023

Athlete's Name: _____

The School District of Lee County invites all students who possess the ability, attitude, cooperative spirit and desire to favorably represent our secondary schools to become candidates and participate in our interscholastic or extracurricular activities programs. Student participation in these school activities is a privilege. Participants are representatives of their school communities; they often have higher visibility, receive greater recognitions, assume leadership roles and become examples for their peers. This creates a duty and responsibility on the part of a participant to conduct himself or herself, on and off school property, in a respectful manner. In order to maintain a high level of excellence in interscholastic or extracurricular activities, all candidates are required abide by the rules set forth in the School District of Lee County Student Code of Conduct. If you choose to accept this responsibility, you and your guardian must sign this contract, and in doing so, you agree to abide by the consequences set forth below:

The following violations may result in suspension or dismissal from the _____ Athletic Program:

1. Using illegal drugs, alcohol, or tobacco at any time.
2. Participation in any illegal activity, in school or away from school.
3. Missing practice (unless excused by the Coach).
4. Excessive absences/tardies in school as defined by the Lee County School Board Policy.
5. Skipping class or school.
6. Poor sportsmanship.
7. Harassment (verbal/physical/sexual/etc.)
8. Malicious use of social media platforms. Malicious use may include, but not be limited to: derogatory language or remarks regarding any member of any school community, demeaning statements or threats that endanger the safety of another person, and/or incriminating photos or statements regarding illegal criminal behavior, underage drinking, and use of illegal drugs, sexual harassment or violence.
9. Acts of violence, on or off the field of play.
10. Any act (either in school or away from school) which in the opinion of the coaching and/or school administration, reflects in a negative manner on the school community.
11. The Principal has the final determination of the outcome for any and all offenses and has the authority to override or enact any and all consequences.

By signing below, you affirm that you have read this and fully understand the rules set forth by this Contract. You are also stating that you understand that violations of the School District of Lee County Student Code of Conduct could result in your being dismissed from the athletic program.

Player's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

Parent of Athlete Signature _____

Date _____

MANDATORY: Heat Illness Education

On Tuesday, June 12, 2018 the FHSAA Board of Directors amended Policies 40, 41 and 42 to emphasize the importance in educating all parties of the issues of concussions, heat illness and sudden cardiac arrest. From this point forward, all FHSAA member school head coaches, paid/supplemented coaches and student athletes will be required to complete the NFHS educational courses listed below:

Policy	Subject	Required Coursework
40	<u>Concussion in Sport</u>	Coaches & Student-Athletes
41	<u>Heat Illness Prevention</u>	Coaches & Student-Athletes
42	<u>Sudden Cardiac Arrest</u>	Coaches & Student-Athletes

To review the changes made to FHSAA Policies 40-42, please click [here](#).

Of specific interest to many is the increased emphasis regarding heat-related illnesses. The FHSAA staff will communicate multiple layers of information for member schools to include best practices, appropriate resources, frequently asked questions and more. This information will be communicated thoroughly to member schools prior to July 30, 2018, the first day of practice for fall sports.

DUNBAR HIGH SCHOOL ADDENDUM #3

DUAL SPORT/CLUB AGREEMENT

EXTRA-CURRICULAR ACTIVITIES DUAL SPORT ATHLETE PROCESS

A student who chooses to participate in more than 1 activity in a season, conflicts in scheduling will occur. While these situations are rare, they do potentially create difficulties for the students, and sponsors/coaches. It is important that these conflicts be resolved with open communication between the student, parent and the coaches or sponsors, and the athletic director. The affected parties should work together to resolve the conflict with the student's best interest as the primary focus. The purpose of this process is to aid the students, sponsors, coaches and building administrators in resolving these conflicts.

Sponsors, coaches and building administrators need to communicate to the student their responsibilities regarding practices, performances, and competitions prior to an athletic season or co-curricular activity.

- Sponsors, coaches and building administrators are strongly encouraged to investigate prior to the start of each season any potential conflicts that might occur. Careful attention should be given to the members involved in each activity to determine whether a student is involved in concurrent activities.
- Consideration should be given as to the impact a student has on a particular group or activity.
- A student should not be adversely affected or receive negative repercussions from the coach/sponsor as a result of a decision.

If the events in conflict are of the same priority level in these guidelines, the two sponsors/coaches involved with the student in conflict should meet with the activities/athletic director to discuss the conflicting events and reach a decision that is best for the student.

The following grouping of activities is a suggested guide for sponsors, coaches and administrators to use in resolving student participation conflicts. Activities have been tiered into three levels. Events within each grouping are listed in no particular order. Level 1 events take priority over level 2 and 3 events, and level 2 events take priority over level 3 events.

Level 1 Events

- National competitions and/or participation.
- State Competitions, festivals, and/or Athletic events sponsored by the FHSAA
- Regional, district, sub-state competitions, festivals and/or Athletic or Academic events sponsored by the FHSAA or State

Level 2 Events

- League events/competitions that involve 2 or multi-schools, e.g., invitational tournaments, technology events, academic events music contests, festivals, parades etc

Level 3 Events

- Regular Varsity, JV or Freshman athletic/academic practices and/or rehearsals outside regular school hours, academic club meetings

Dual Sport - Club Participation agreement

Students who participate in two sports activities during the same season will only be permitted to do so if both coaches are in agreement and the student and his/her parent or guardian sign a dual sport agreement. The agreement shall include allocation of practice time and athletic event participation based on the published schedule. A student who quits one sport will not be eligible until that sport has completed its season and post season playoffs. The athletic director will then determine if the athlete should be allowed to continue participating on the other sport.



**ADDENDUM #3 DUNBAR HIGH SCHOOL DUAL SPORT PARTICIPATION
AGREEMENT**

I, _____, wish to participate in _____ and
_____ for the _____ season in the year _____.

1. To be considered for participation in multiple sports/or club, the student-athlete's parent(s)/guardian(s) must give their approval and sign below.

2. Description of how practice time will be allocated:

3. In the case of a postponed event being re-scheduled on the same date as an event in the other sport, how will it be determined which event the student/athlete will participate in that day?

4. The below table indicates which interscholastic events the student-athlete will participate in for Dunbar High School.

Date Sport Event Location Start Time/ and terms of the agreement

5. By signing below, both coaches/sponsors, student-athlete, and athletic director have read the dual sports addendum #3 policy outlined in the Dunbar Athletic/Activities Handbook and agree to the schedule and conditions outlined above. We also understand that if this student quits one sport after two weeks or after the second competition event he/she must meet with the head coach of the sport being dropped and the athletic director. The athletic director will then determine if the athlete should be allowed to continue participating in the other sport.

Student/Athlete	Date
-----------------	------

Coach/Club Activity-Sponsor	Date
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Coach/Club Activity-Sponsor	Date
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Athletic and Activities Director	Date
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Addendum #4 Athletic Clearance

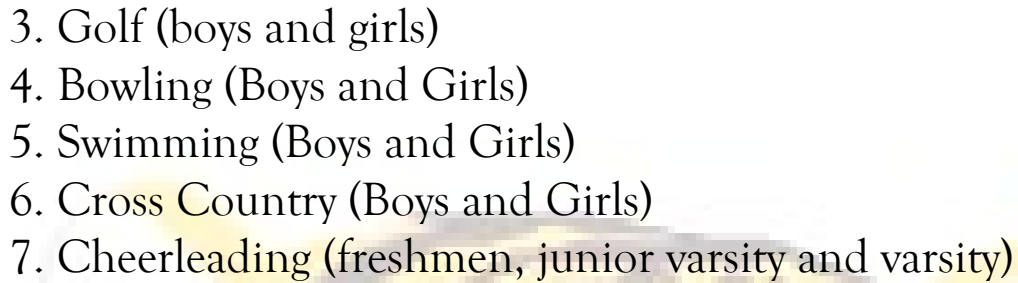
Athletics for incoming 9th graders and new students

This is a guide for incoming 9th graders and new students who are planning to participate in athletics for the 2022-2023 school year:

- You must create an account on the website athletic clearance.com and select **Florida**. When asked for school select **Dunbar**.
- You will create an account on the website and download the physical form (EL2). A physical should be completed by a physician. The physician will be cleared you to participate in athletics if you are **physically able to participate in athletics**. When the form is completed you will upload the form on your account on athletic clearance website. **(To upload your form, you may use the free app Genius Scan)**
- You will upload the following documents on your athletic clearance account: birth certificate, proof of insurance, Driver's license of parent for identification purposes
- After completing all documents on your account and downloading the EL2 form. You will be cleared to participate in athletics. You will be notified via email if you are cleared to participate.
- After first semester, all incoming 9th graders will need to have a grade point average of 2.0 to participate in athletics during the second semester.

Fall sports for the 2022-2023 school year:

1. Football (freshmen, junior varsity and varsity)
2. Volleyball (junior varsity and varsity)

- 
3. Golf (boys and girls)
 4. Bowling (Boys and Girls)
 5. Swimming (Boys and Girls)
 6. Cross Country (Boys and Girls)
 7. Cheerleading (freshmen, junior varsity and varsity)

Head Coaches for Fall Sports are:

1. Football - Coach Sam Brown
2. Swimming- Coach Kim Freis and Coach Brian Winter
3. Volleyball - Coach John Hill
4. Golf- Boys- Coach Pat Romcoe Girls - Coach Joe Addison
5. Cross Country - Coach Ray Romero
6. Cheerleading- Coach Keoshia Brown
7. Bowling- Coach Rob Liddle

First day of official practice for Fall Sports is August 1, 2022.