

Dunbar High School

Athletic Handbook

2015-2016

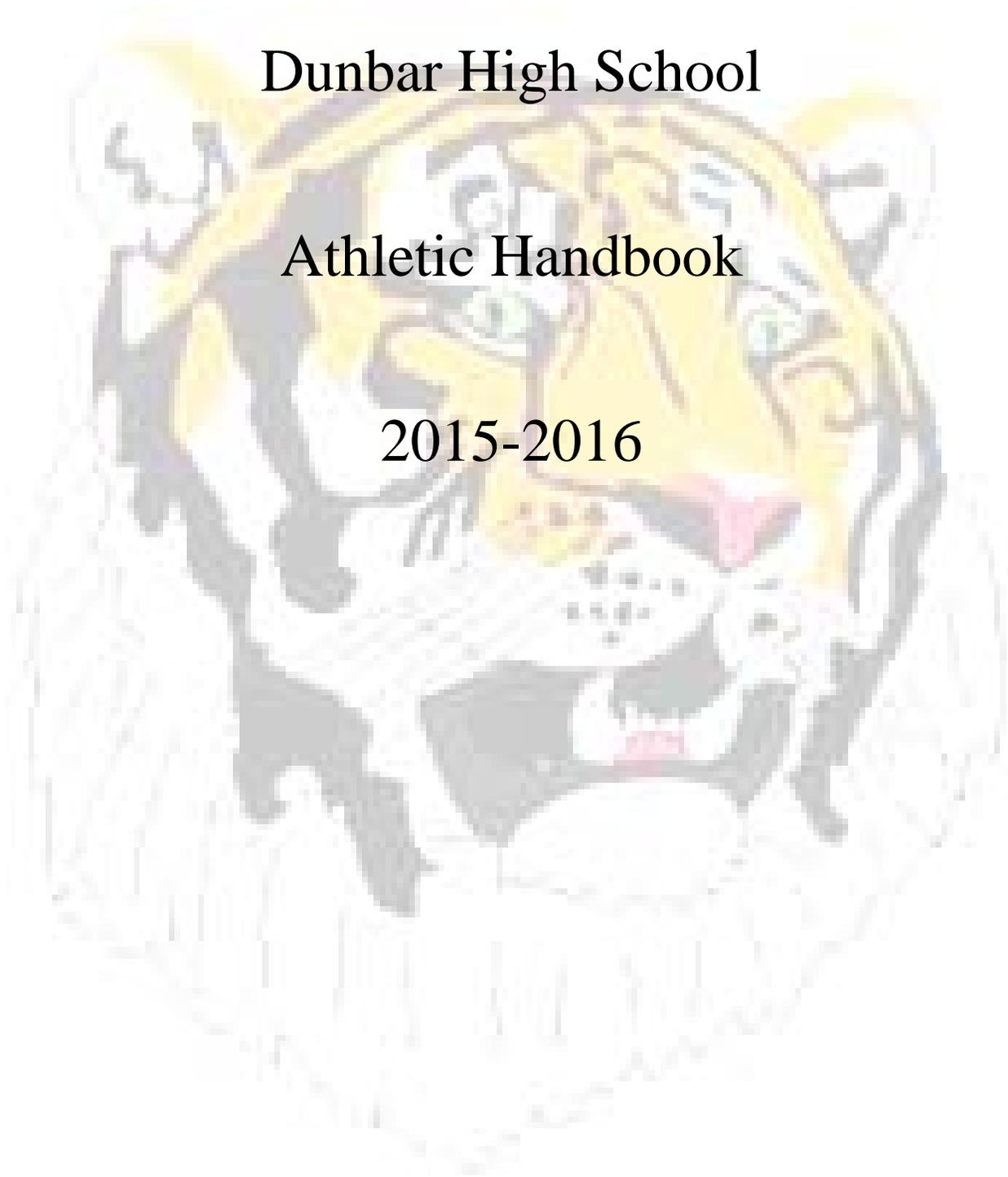


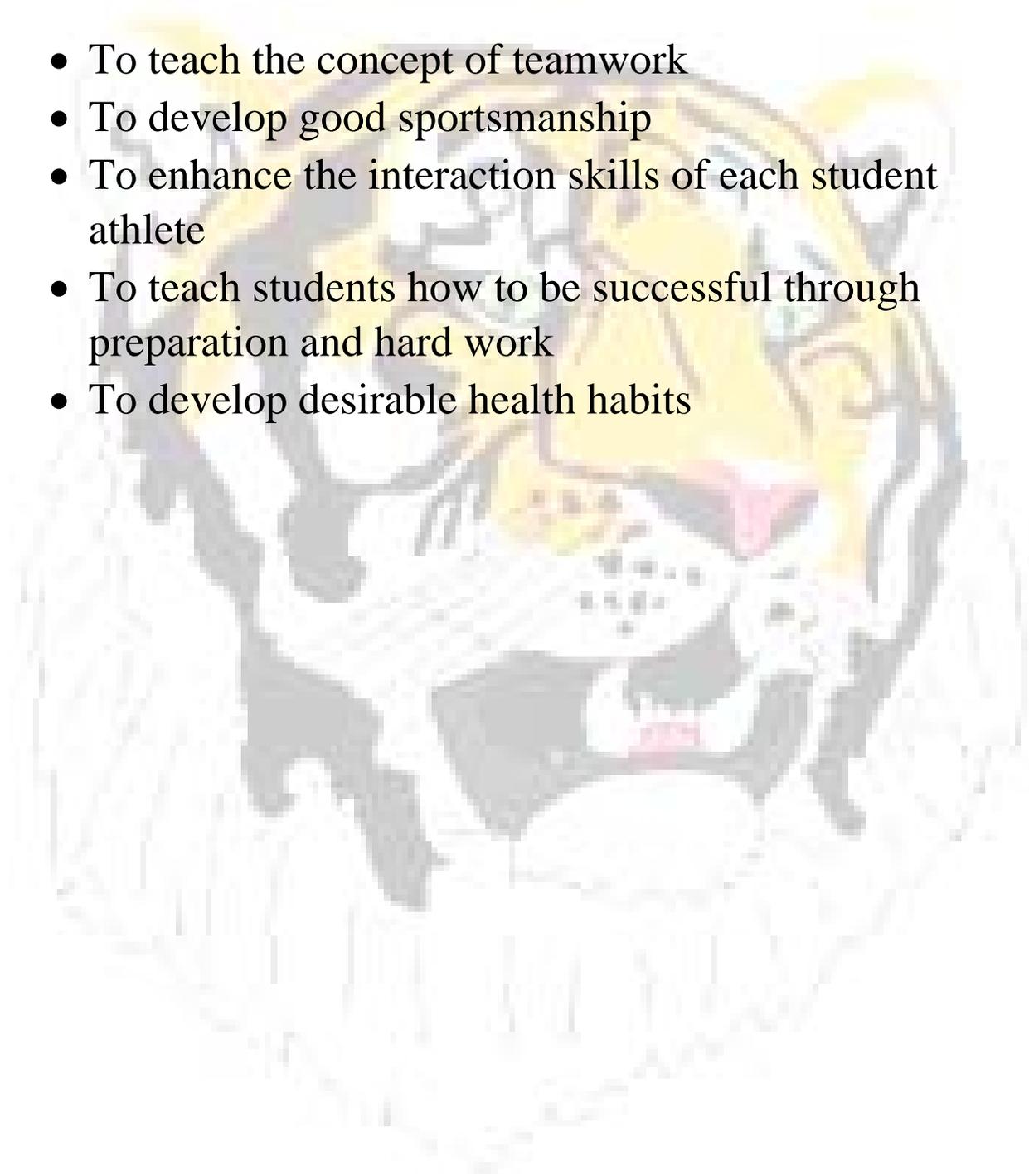
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OBJECTIVES OF THE ATHLETIC DEPARTMENT

- To teach the concept of teamwork
- To develop good sportsmanship
- To enhance the interaction skills of each student athlete
- To teach students how to be successful through preparation and hard work
- To develop desirable health habits



ATHLETIC ELIGIBILITY

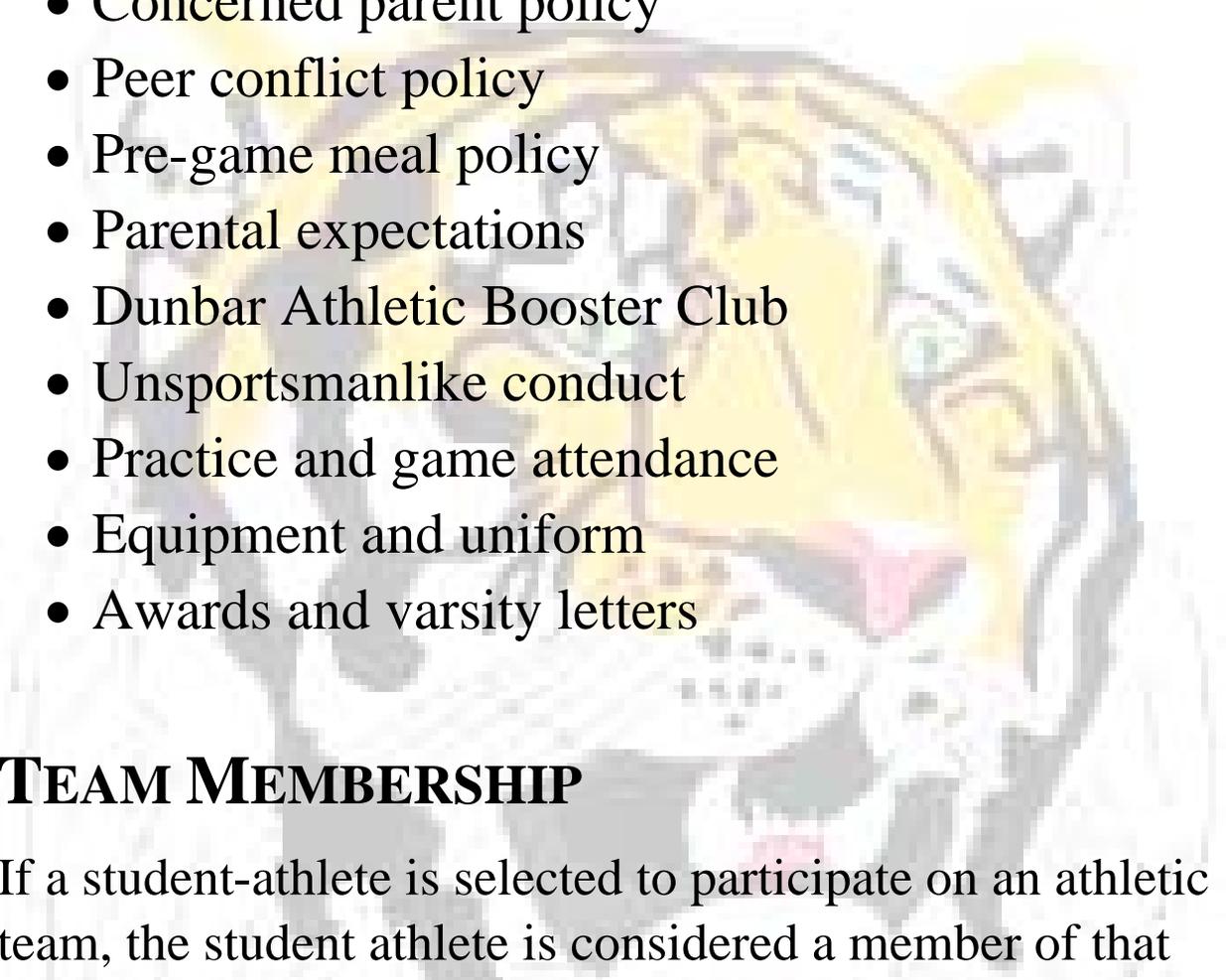
To be eligible to participate in athletics, a student must complete the following:

1. Have a physical examination on file in the athletic office and be dated after June 15, 2015
2. A notarized parent consent and liability forms on file for the school year 2015-2016
3. Personal, school, football or soccer insurance policy with policy on file. A student will not be permitted to participate in football and/or soccer if he/she does not have personal, football and/or soccer insurance
4. A copy of the student's athlete's birth certificate
5. Sophomores, juniors and seniors must have at least a 2.0 grade point average to participate in athletics
6. Incoming freshmen must be promoted to ninth grade. Freshmen must have a 2.0 grade point average after the first semester of 2015-2016 to participate in athletics

7. An athletic emergency card must be complete and on file with the athletic secretary
8. Students will not be able to participate in athletics if he or she is 19 years and nine months old before the athletic season begins
9. After all information is completed and check by the athletic secretary and athletic director, the student will be cleared to practice and participate
10. The student's name will be placed on the clear to practice list and will receive a clear to practice form to give to coaches, giving the student permission to participate

ATHLETIC POLICIES & PROCEDURES

- Team membership
- Changing sports and participation in multiple sports
- Discipline, suspension and dismissal of student athletes

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- Emergency plan for injuries during practices and game day
 - Concerned parent policy
 - Peer conflict policy
 - Pre-game meal policy
 - Parental expectations
 - Dunbar Athletic Booster Club
 - Unsportsmanlike conduct
 - Practice and game attendance
 - Equipment and uniform
 - Awards and varsity letters

TEAM MEMBERSHIP

If a student-athlete is selected to participate on an athletic team, the student athlete is considered a member of that team unless he or she is removed for the following reasons:

1. Disciplinary
2. Scholastic ineligibility
3. Mutual agreement between the student athlete and the coach

There is no guarantee that a student-athlete will play every game or match during the athletic season.

You must complete the season to be eligible for an award during the end of the season's award banquet. If a student-athlete is removed from the team for any of the above mentioned reasons of removal, he or she will not participate in the awards banquet at the end of the season.

PARTICIPATION IN MULTIPLE SPORTS DURING THE SAME SEASON

If a student athlete thinks he or she can play two sports within the athletic season, the student athlete must secure permission from both coaches as well as the athletic director. This process should be complete before the student athlete begins practice for the second sport.

CHANGING SPORTS & PARTICIPATION IN MULTIPLE SPORTS

No student athlete who is removed or removes himself or herself from a team shall be permitted to begin practice with another sport until the season of the sport in which the student athlete quit has reached completion of its

season. Completion of a season is defined as the completion of interscholastic contests (this includes post-district, regional and state play-offs).

DISCIPLINE, SUSPENSION AND DISMISSAL FROM TEAMS

A student athlete can be discipline, suspended and/or dismiss from the athletic program by any of the following:

1. The principal or his designee(the assistant principal)
2. The athletic director
3. The coach of the sport
4. Parent decision

If the student athlete makes a choice not to obey school or team rules. The student athlete will be discipline by the coach if it's a minor offense.

If it is a major offense the student athlete will be suspended from athletics until a parent conference with the athletic director, coach, student and parent. The incident will be discussed at the parent conference and a decision will be made if the suspension from athletics will continue or the student athlete will be dismissed from the team and participating in athletics for the

season. If the parent is not satisfied with the decision of the conference the parent may appeal to the principal.

EMERGENCY PLAN FOR INJURIES DURING PRACTICE AND GAME DAYS

If there is an injury to a student athlete, the athlete and/or coach will notify the district athletic trainer or school first responder. If the injury is minor, the trainer or first responder will treat the injury of the athlete. The district athletic trainer or school first responder will document the injury with an injury report and submit the report electronically to the insurance and benefits department at the school district office.

If the injury is serious and requires additional medical treatment, the district athletic trainer or first responder will contact the athletic director and the athletic director will contact the principal or administrative designee.

The district athletic trainer or first responder will contact the parent of the student athlete and the parent will be notified of the condition of the student and if the student needs to go to the hospital or seek medical treatment or if the parent needs to pick the student up from practice or the game. The district athletic trainer or first responder will complete an injury report for the

district and submit it to the insurance and benefits department at the school district office.

CONCERNED PARENT POLICY

As a parent or guardian, if you believe you have a concern with a coach's decision or action you should:

1. At the next practice, **CALMLY** have a conference with the coach. **DO NOT DISCUSS IT BEFORE, DURING OR AFTER A GAME.** Coaches are instructed not to talk to parents before, during or after a game(principal's directive)
2. If the problem is not resolved, schedule a conference with the athletic department secretary. This conference will include the coach, the student athlete, the student athlete's parent and the athletic director. Parent conferences will be conducted during the athletic season not during off-season workouts.
3. If this conference does not resolve the problem, contact the principal's secretary to schedule a conference with the principal. This conference will include the coach, student athlete, parent, athletic director and the principal of Dunbar High School.

PEER CONFLICT POLICY FOR STUDENT ATHLETES DURING A GAME, MATCH, OR MEET

In the event there is a physical or verbal peer conflict between a student athlete or Dunbar High School and another student athlete from an opposing team during a game, match or meet the following protocol will be implemented. All student athletes from Dunbar High School are required to stay on the bench or designated area that is assigned to the team during an inside game or match. All student athletes from Dunbar High School will be required to take a knee and or stay on the bench or designated area that is assigned to the team when the game, match or meet occurs outside on the field or in the stadium.

PRE-GAME MEAL POLICY FOR 2015-2016

The parents of student athletes are responsible for the teams' pregame meals. If parents decide to prepare pregame meals for the team, the head coach and parent will determine the assigned games based on the athletic schedules. It is the parent's choice to buy his or her student athlete's pregame meal or join with other parents to prepare pregame meals for the team.

PARENTAL EXPECTATIONS

As a parent of a student athlete of Dunbar High School you are expected to do the following:

1. Support your student athlete
2. Be an active member of the Dunbar Athletic Booster Club
3. To help and participate in all fundraising activities of the athletic department
4. Attend the Dunbar Athletic Booster Club meetings each month
5. Model good sportsmanship during games
6. Be a role model for your student athlete during practices and games

DUNBAR ATHLETIC BOOSTER CLUB

The Dunbar Athletic Booster Club is the major supporter of the athletic program of Dunbar High School. The athletic booster club meets once a month. The meeting dates are: August 31, September 14, October 6, November 2, December 7, January 11, February 8, March 7, April 14 and May 2

All parents are to support the fundraising activities of the booster club, which includes: concessions at home games, Hooter's voucher program and the Annual Tiger

Golf Classic. We need parents to support and become members of the Dunbar Athletic Booster Club.

SPORTSMANSHIP/UNSPORTSMANLIKE CONDUCT

It is an expectation for all student athletes to be role models during and after athletic competitions. It is an expectation for all student athletes to be respectful to players, coaches and officials at all times. Students can be declared ineligible and fined by the FHSAA for Gross unsportsmanlike conduct. The consequences are the following:

1. First ejection of a student athlete - one game suspension for football or two games for other sports
2. Second ejection of a student athlete during school year - six week suspension
3. Third ejection of a student athlete during school year - suspension from athletics for one year
4. Fourth ejection of student athlete - suspension for entire career

If the consequences are severe, fines up to \$250 and six weeks suspension may be imposed. Any monetary fine incurred by a student will be paid directly to Dunbar High School by the student or parent.

PRACTICE AND GAME ATTENDANCE

A student athlete must be present at school two of the four block classes to participate in practice or a game. All students must ride the provided team bus to and from away games and competitions. Only if there is a pre-arrangement with the principal or athletic director, the student may leave with a parent after a game or competition. This arrangement should be completed 24 hours before the game or competition. The arrangement should be a written request. All student athletes are expected to go to practice after school. Student athletes are not permitted to walk the halls before or after practice.

EQUIPMENT AND UNIFORMS

Any equipment checked out to a student athlete is his or her responsibility to maintain. If the equipment is damaged or stolen, the student athlete will be held financially responsible for the equipment. Bags are considered equipment. Student athletes should not use them as book bags. Student athletes are responsible for all uniform parts issued to them on game day and should return the uniform, including warm-ups, after the game.

AWARDS AND VARSITY LETTERS

To receive a varsity letter or an award, a student athlete must participate in at least half of the games played during the athletic season. Some sports required you to participate in more games or to earn a certain number of points. To receive your letter or award you must complete the athletic season and attend the athletic sports banquet. If you are not able to attend you must file an appeal to the athletic director to receive your letter or award.

The student athlete will receive a varsity letter when he or she completes a varsity sport and attends the awards banquet. The student athlete is eligible to purchase a varsity jacket after earning a varsity letter. The price of the jacket is \$150.

SPORTS SEASONS

Fall (Aug- Dec) Football, Bowling, Cross Country, Golf, Swimming, Volleyball

Winter (Oct- March) Basketball, Wrestling, Soccer

Spring (Jan- May) Baseball, Softball, Tennis, Track and Field.

TRANSPORTATION

Transportation is provided after practice Monday- Friday. The activity buses leave school at 5:30 pm. Students are dropped off to the nearest high school or his/her bus stop.

CONTACT ATHLETIC DIRECTOR

School number -239-461-5322 ext. 1280

Cell phones – 239-895-2345/239-634-8175

